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## **Risk Assessment Coronavirus Restrictions**

To whom it may concern,

These risk assessments are made in response to the serious and imminent threat to public health which is posed by the incidence and spread of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) in Northern Ireland.

The regulations may be cited as the Health Protection (Coronavirus, Restrictions) Regulations (Northern Ireland) 2020.

In this Risk Assessment: -

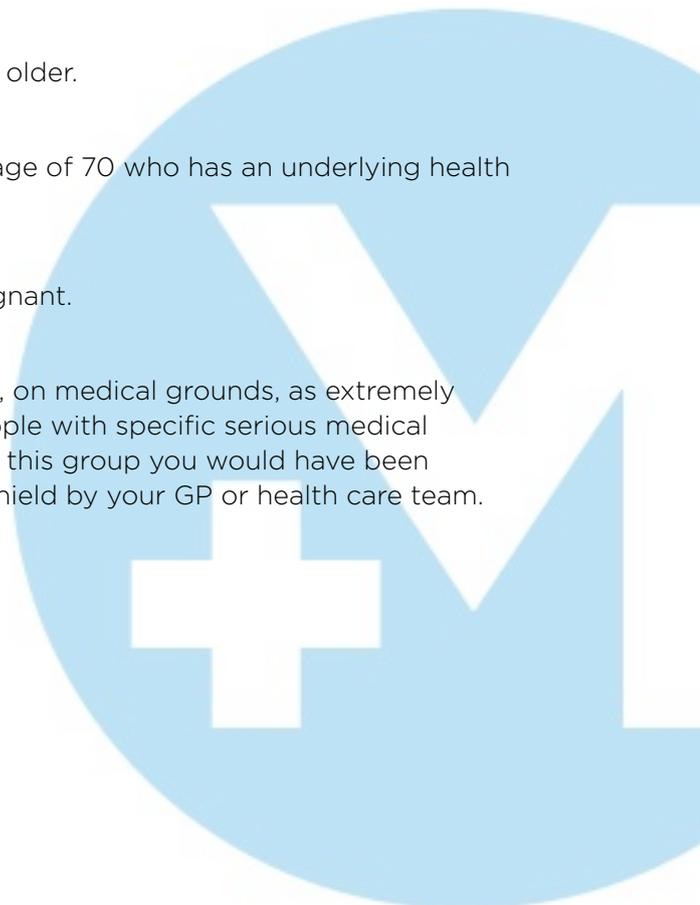
- “Coronavirus” means severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) COVID-19.
- “person responsible for carrying on a business” includes the owner, Proprietor and Manager of that business.

Vulnerable person includes: -

- Any person aged 70 or older.
- Any person under the age of 70 who has an underlying health condition.
- Any person who is pregnant.
- Any person considered, on medical grounds, as extremely vulnerable - that is, people with specific serious medical conditions. If you are in this group you would have been previously advised to shield by your GP or health care team.

Yours faithfully,

Jonathan Whitehead



| <b>What are the Hazards?</b> | <b>Who might be harmed?</b>                                                                                             | <b>Controls required</b> | <b>Additional Controls</b>                                                                                                                                      | <b>Action by who?</b> | <b>Action by when?</b> | <b>Done</b> |
|------------------------------|-------------------------------------------------------------------------------------------------------------------------|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------------------|-------------|
| Spread of Coronavirus        | Learners / Staff / Tutor / Vulnerable Groups / anyone else who physically comes into contact in regards to our business | Hand washing             | Wash hands for at least 20 seconds regularly, proper drying with disposable towels, follow catch it, bin it, kill it, avoid touching face, eyes, nose or mouth. | By ALL                |                        |             |
|                              | Learners / Staff / Tutor / Vulnerable Groups / anyone else who physically comes into contact in regards to our business | Cleaning                 | Frequent cleaning and disinfecting any objects and surfaces in the First Aid lessons                                                                            | By ALL                |                        |             |
|                              | Learners / Staff / Tutor / Vulnerable Groups / anyone else who physically comes into contact in regards to our business | Social Distancing        | Social distancing will comply with current Public Health Agency guidelines                                                                                      | By ALL                |                        |             |

|                                                                                                                         |                      |                                                                                                                        |        |  |  |
|-------------------------------------------------------------------------------------------------------------------------|----------------------|------------------------------------------------------------------------------------------------------------------------|--------|--|--|
| Learners / Staff / Tutor / Vulnerable Groups / anyone else who physically comes into contact in regards to our business | Wearing of Gloves    | PPE Gloves will be worn when the risk assessment identifies which enables to learner to carry out First Aid activities | By ALL |  |  |
| Learners / Staff / Tutor / Vulnerable Groups / anyone else who physically comes into contact in regards to our business | PPE                  | Will be introduced if social distancing measures cannot maintained but advice will be taken from the PHA at the time   | By ALL |  |  |
| Learners / Staff / Tutor / Vulnerable Groups / anyone else who physically comes into contact in regards to our business | Symptoms of COVID-19 | Do not enter classrooms, contact tutor then the tutor will inform management who will then follow internal measures    | By ALL |  |  |
| Learners / Staff / Tutor / Vulnerable Groups / anyone else who physically comes into contact in regards to our business | Mental Health        | The learner must seek advice from their own internal network, if this can't be achieved the tutor may advise           | By ALL |  |  |

# Method Statement

Training must only take place where this is permissible in accordance with the UK Government and devolved administrations (NI) or regional restrictions. Should classroom training commence, then it is critical that the guidance contained within this document is closely followed for your / our safety and the safety of learners. Please note that Government guidance must be strictly adhered to at all times by the trainer, and that imposed Government restrictions overrule any guidance from Medsafe Consultancy, and it is the responsibility of the client to ensure that the threat level has dropped appropriately in your home nation.

Prior to training commencing

1. You must risk assess the delivery of your course and mitigate all possible risks identified. This will include areas such as room size and limiting the number of learners accordingly to ensure that all learners are always able to respect social distancing measures. If training is non-essential then it should, in the first instance, be delayed. Where this is not possible the measures stated within this document must be followed closely.
2. Medsafe Consultancy will send clear communication to your clients and learners that they should not attend training should they, or a member of their household, have symptoms of COVID-19 or have had symptoms of COVID-19 in the past 14 days. The symptoms include a new and persistent cough, fever, and loss of smell and/or taste.
3. Learners should be asked to download and use the NHS COVID-19 Track and Trace app and notify appropriately should they develop symptoms of COVID-19. Alternatively learners are asked to contact Medsafe Consultancy if they, or a member of their household, display symptoms of COVID-19 within 14 days of completion of training. You must then notify all other learners of the situation and ask them to follow the appropriate Government guidance.
4. You must layout your classroom to ensure that social distancing is respected by all persons in the training room. Desks must be placed a minimum of 2 metres apart (or current guidelines) and the room must allow for exit and entry whilst still adhering to these measures. With regards to first aid, we will detail adaptations to the assessment process below, that will allow valid assessments whilst still respecting social distancing.
5. We will have adequate resources to run the course whilst meeting these requirements. The resources required are detailed below, please note that some resources only relate to first aid training:

Handwashing facilities and/or alcohol hand sanitiser

- Gloves
  - Tissues
  - Ample manikin lungs/airways/valves
  - Adequate number of manikins
  - CPR face shields
  - Adequate supplies of bandages to allow one per learner for all activities
  - Adequate supply of disinfectant/alcohol wipes to clean equipment between use
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## **During training**

1. You must, upon arrival, prevent any person who has symptoms of COVID-19 from entering the classroom. This should ideally be completed by temperature screening with a thermal thermometer. If this is not available the learner should be questioned to ensure that neither they, nor any person from their household, has displayed symptoms of COVID-19 in the last 14 days. If any learner shows symptoms of COVID-19 or confirms that they, or a member of their household, have shown symptoms of COVID-19 in the last 14 days then they must be refused entry to the classroom and advised to attend training once they have been clear of all symptoms for 14 days. Should any learner develop symptoms of COVID-19 during training then they must leave the classroom. All persons who have been in the classroom must also follow Government isolation guidelines to prevent the further spread of the disease.

2. All learners, including the Trainer/Assessor, must thoroughly wash their hands upon each instance of access and egress to the classroom using the handwashing facilities provided. Learners should also be advised to sneeze and cough into tissues provided and immediately dispose of them and wash their hands immediately. If a tissue is not immediately available, then learners should be encouraged to cough or sneeze into the bent elbow. Learners should also be advised of the social distancing measures taken within classroom and building and to ensure they always maintain a distance of 2 metres.

## **Adaptations to the assessment of first aid qualifications**

The following adaptations have been made during this period to allow effective assessment of learners whilst respecting social distancing measures:

### **Cardiopulmonary Resuscitation (CPR)**

The Resuscitation Council still require regulated training providers to teach rescue breaths. Individual manikins should ideally be provided for each learner. Where this is not possible manikins should be shared between small groups and thoroughly cleaned between each use as per the guidance below from the Resuscitation Council:

- Replace and dispose of manikin lungs and airways after each training session
- Wipe the face of the manikin with 70% alcohol wipes after each learner uses it and allow the surface to dry naturally before the next learner takes their turn
- Students may use individual face shields, if they so wish, and they should be disposed of safely at the end of the session. The manikin chest, forehead and face should still be wiped to reduce the likelihood of hand to hand contamination.
- Where appropriate, learners can use a pocket mask for ventilation practice which must be fully cleaned or discarded after the session (one - way valves may be removed. If kept in place, it must be discarded at the end of the session). If using pocket masks, these must be for individual use only.
- General infection control measures must be observed, and where appropriate, the learner can be given their own manikin or can practice rescue breaths last in the group. If the course runs over a number of days, it may be possible that once the skill has been assessed as satisfactory, they do not need to demonstrate this during the remainder of the course.

## **Recovery Position**

Where adequate PPE is available, and learners are willing, they should demonstrate placement of a casualty into the recovery position at least once during the course. Gloves, face coverings and hand sanitiser must be used to maximise the safety of learners.

Where PPE is not available, or the learners are unwilling, then they should demonstrate the recovery position by placing themselves into the position, but they must also verbally state all steps they take to do so.

## **Secondary Assessment**

Learners will be required to verbally explain all steps they would take when completing a secondary assessment. A casualty can be used, ensuring social distancing is kept, and the learner can talk through the assessment and ask the casualty any questions as needed.

## **Choking**

Learners are able to demonstrate the procedure for assisting a choking casualty on a manikin. Learners can demonstrate the action for back blows and abdominal thrusts ensuring they are positioning their hands at the correct point on the manikin and carrying out the motion. You must ensure that all equipment is thoroughly cleaned between uses.

## **Bandages & Slings**

Where adequate PPE is available, and learners are willing, they should demonstrate the application of bandaging and slings on another learner, or the Trainer/Assessor. Gloves, face coverings and hand sanitiser must be used to maximise the safety of learners. Learners should be provided with their own bandages and slings and these must not be shared between learners and should be disposed of after each course. Where PPE is not available, or the learners are unwilling, then they should demonstrate the application of a bandage and sling on themselves. With regards to bandaging it will be simpler for each learner to demonstrate appropriate bandaging of their own leg and to explain any other forms of bandaging verbally. For slings, whilst they will not be able to physically tie the sling, they can verbally explain each step and confirm that the sling would be tied in the correct spot.

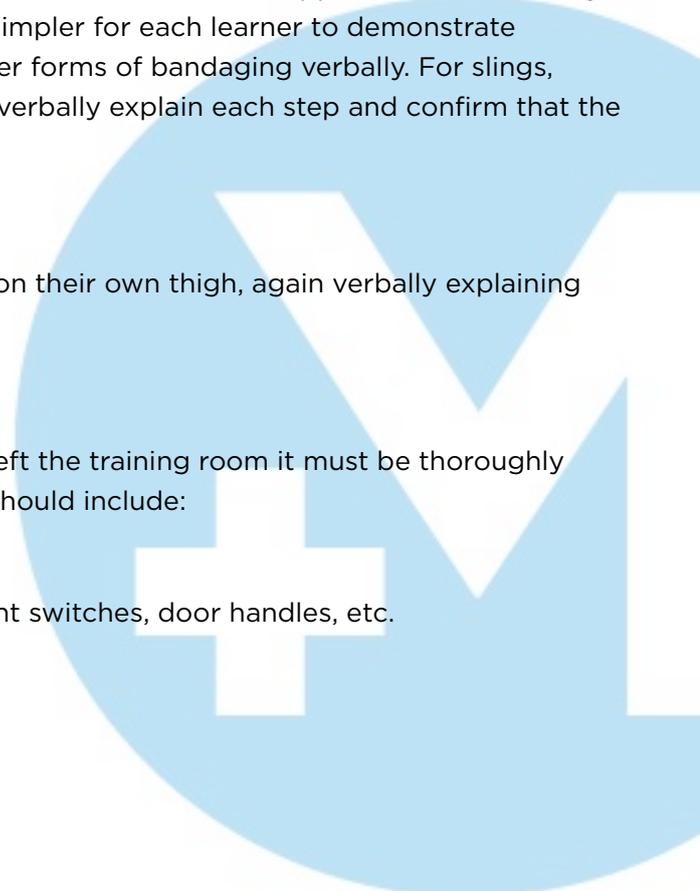
## **Adrenaline Auto-injectors**

Learners should demonstrate use of the training auto-injector on their own thigh, again verbally explaining any supporting information needed by the Trainer.

## **Post Course**

Post training cleaning and disinfectant Once all learners have left the training room it must be thoroughly cleaned using a suitable disinfectant such as Dettol. Cleaning should include:

- All chairs and desks
- All surfaces touched by any person in the room, including light switches, door handles, etc.



**Post Course cont.**

- Any cups, glasses, plates, etc used by any person in the room
- Any resources provided such as pens, etc. All litter, including used tissues, should be immediately disposed of and the bin thoroughly cleaned. All non-disposable resources must also be thoroughly cleaned after each day with a suitable disinfectant. This includes:
  - Manikins
  - Manikin faces
  - Training auto-injectors
  - White board pens, etc.

